|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Object** | **(Verb)** | **Subject** | **Possessive** | **Self** |
| I | help) | me | my / mine | myself |
| You | (help) | you | your / yours | yourself |
| He | (helps) | him | his / his | himself |
| She | (helps) | her | her / hers | herself |
| It | (helps) | it | its /  | itself |
| They | (help) | them | their / theirs | themselves |
| We | (help) | us | our / ours | ourselves |